

Native American Perinatal Peer Support Coordinator

Position Description

A local nonprofit is seeking a community-oriented member responsible for Native American and Indigenous Perinatal Peer Support Facilitator, and community outreach to help us further our mission of ensuring all new, expectant, and grieving parents receive the social and emotional support they deserve with cultural appropriateness.

This person will be able to use their personal lived experience to support, validate, and empower others. That experience could include pregnancy or postpartum depression/anxiety, perinatal loss, or other types of perinatal wellness challenges. The candidate will also be actively a part of the native community and have deep knowledge of issues facing parents and families, especially within Native American and Indigenous and 2SLGBTQIA+ communities. This position will be supervised by the Executive Director and Native American Outreach Manager. The commitment is 5-10 hours per month at \$150 per month.

We are looking for someone who identifies as Native American or Indigenous and has lived experience with pregnancy or postpartum depression or anxiety, infertility, perinatal loss, birth trauma, or other challenges related to the transition to parenthood. The successful candidate will feel grounded in mental wellness and healed from past experiences, in addition to experience working or living within the Native community and aware of culturally appropriate well-being perspectives and practices . Other professional or educational experience in lieu of lived experience will be looked at on a case by case basis.

Required Professional Experience and Skills: Supervisory and/or group facilitation experience within a volunteer organization, community group, or peer support environment, in addition to the following interpersonal skills:

- Commitment to serving and advocating for diverse range of the community, including but not limited to diversity of age, nationality, gender expression, sexual identity, race, religion, and physical or mental ability
- Ability to establish and hold boundaries with participants
- Friendly, enthusiastic, and positive attitude
- Ability to work collaboratively with others
- Strong communication and listening skills
- Ability to show empathy and exhibit non-judgmental attitude

The following are examples of responsibilities of this role (training will be provided)

Perinatal Support Responsibilities:

- Observing and facilitating perinatal support circles
- Providing one-on-one perinatal support via text, email, and phone
- Assist in program and client data collection, maintenance, and is reported to management
- Connecting participants with community resources
- Providing compassionate and judgement-free support to individuals and families of diverse ages, nationalities, gender expressions, sexual identities, partnership statuses, races, religions, and physical and mental abilities

*This role will require the **physical demands** of loading and unloading supply boxes up to 20 pounds for community outreach events, in-person visits to hospitals and health care centers, communicating with others to exchange information, and long periods of sedentary standing or sitting positions. This position will require the **mental demands** of communicating with others about potentially sensitive topics related to pregnancy, postpartum, loss, parenthood, and other perinatal emotional challenges.

WellMama is an equal opportunity employer. We will not discriminate and will take affirmative action measures to ensure against discrimination in employment, recruitment, advertisements for employment, compensation, termination, upgrading, promotions, and other conditions of employment against any employee or job applicant on the bases of race, color,, national origin, age, religion, creed, disability, veteran's status, sexual orientation, gender identity or gender expression.

Benefits: The chosen candidate will benefit from working in a highly-rewarding community organization that provides critical social and emotional support to new, expectant, and grieving parents. The chosen candidate will receive one-on-one mentorship from the Executive Director and equity consultants and on-the-job training in peer support, perinatal mood disorders, volunteer coordination, marketing, technology, nonprofit management, and more. Schedule is flexible with opportunities to work remotely.

To apply, please send the following to info@wellmamaoregon.org with the subject line: **Native American Perinatal Peer Support Facilitator**

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- 1) Cover letter, explaining how your experience has prepared you to carry out the responsibilities outlined above

- 2) Resume, outlining past experience that will help you exceed in this position
- 3) Two professional references who can speak to your professionalism, communication skills, supervisory/group facilitation experience, and attention to detail, and one professional or personal reference who can speak to your ability to provide compassionate support